How men and women argue

**Damian Whitworth investigates gender differences when couples argue.**

In Gapun, a remote village in Papua New Guinea, the women take a very direct approach to arguing. Linguist Deborah Cameron tells of an argument between a husband and wife. It started after the woman fell through a hole in the rotten floor of their home and she **blamed** her husband. He hit her with a piece of sugar cane, so she **threatened** to attack him with a machete and burn the house to the ground. At this point the husband decided to leave and she launched into a kros – a traditional angry tirade of **insults and swear words** – directed at a husband with the intention of it being heard by everyone in the village.

**The fury** can last for up to 45 minutes, during which time the husband is expected to keep quiet. Such a domestic scene may be familiar to some readers, but, for most of us, arguing with our partners is not quite such an explosive business!

Human beings argue about everything but are there any differences between the sexes in the way that we argue?

In fact, according to John Gray, author of Men are from Mars, Women are from Venus (the 1990s best-seller) – men prefer not to argue at all, wherever possible. ‘To avoid confrontation men may retire into their caves and never come out. They refuse to talk and nothing gets resolved. Men would rather keep quiet and avoid talking about any topics that may cause an argument.’ Women, however, are quite happy to **bring up** relationship matters that they would like to change.
Edward, 37, a writer, says ‘I’m useless at arguing. There are things that bother me about my partner, but when I finally say something I am too slow to win the argument. I can only argue properly when I have all the evidence to back up my argument ready to use, but I’m too lazy to do that. I think women, on the whole, are more practised at arguing, or more interested.’

Christine Northam, a counsellor with Relate, the marriage-counselling service, agrees with the view that men have a greater tendency to withdraw. ‘Women say: “He won’t respond to me, he won’t listen, he thinks he’s right all the time.” However, the younger men that I see tend to be much more willing to understand their own feelings and talk about them. Older men find it more difficult.’

However she adds that women are also capable of the withdrawal technique. ‘Oh yes, women are quite good at doing that as well. They change the subject or cry. Crying is a good tactic and then the poor man says: “Oh, my God, she’s in tears”.’

‘I don’t argue a lot, but I do cry a lot,’ says Sarah, 32, an advertising executive. ‘I’ll say something hurtful to him and he’ll say something equally hurtful back and then I’ll be in floods of tears. I call my friend and she says: “Where are you?” “In the loo*,” I say. And then, when I finally come out after half an hour, he’s just watching TV as if nothing has happened.’

Northam says, ‘Everything goes back to our upbringing, the stereotypical stuff we have all been fed. We are very influenced by the way our parents were, or even our grandparents. The way you deal with emotions is learnt in your family. To understand this, and then make a conscious decision that you will do it differently requires a lot of maturity.’

*loo (informal) = toilet

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