Sport Relief helps poor people in the UK and around the world. Ordinary people, sports stars and celebrities take part in the event and collect money for charity.

And you can help, too! Next week is Sport Relief week at New Park Comprehensive School. Here’s a list of the school’s Sport Relief events. Choose one and take part!

Can you play football? Do you want to score a goal against your Maths teacher? Take part in the ‘Teachers versus Students’ football match. The referee is the head teacher – Mrs Walters!

Can you play basketball and can you stay awake for 24 hours? Take part in our 24 hour non-stop basketball match!
Can you run or walk a kilometre? Do you want to be Superman, Indiana Jones or Lady Gaga for a day? Take part in the one kilometre fancy dress run!

Can you swim 100 metres, 500 metres, or one kilometre? Then take part in our swimming marathon. We want to swim 500 lengths of our local swimming pool. That’s 25 kilometres! The first swimmer in the pool is the P.E. teacher, Mr Barlow!

So, you aren’t a sports champion! You can’t run very well, you can’t swim and you can’t play football. Don’t worry! You can take part, too. Can you make a cup of tea and a sandwich? Then sell snacks and drinks on our sports days and collect money.

This year our special charity is Send My Friend To School. Over 72 million children all over the world don’t go to school – and they need our help.

Come and take part in our Sport Relief week!
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